

Foreword

This document contains the translation of the book written by H.H. Moran Mor Ignatius Elias III in 1927

The original obtained from the library of V. Rev. Fr. Boutros Touma Issa, Perth – Western Australia

Translated by Theodora Issa in 2006/2007

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PREFACE

**By V. Rev. Fr. Boutros Touma Issa
Translated by Theodora Issa**

Previously, Mapheryono Mor Gregoreous Youhanon Bar Ebroyo (1286+) wrote some five chapters on the etiquette applied on visiting the city of JERUSALEM. In the first chapter, he outlined opinions relating to worshiping, in general, in Jerusalem. In the second chapter, he identified different opinions on living in Jerusalem. While he consecrated the third chapter for the canons, and guidelines that the pilgrim needs to abide to on the way to Jerusalem. The fourth chapter was dedicated to guidelines that pilgrims need to adhere to while in Jerusalem. While the final chapter, chapter five talked about the contemplation when in the city of Jerusalem.¹

However, in this book, H.H. Mor Ignatius Elias III, had added plenty of prayers, psalms, contemplations and sayings that have to be repeated, and contemplated upon by pilgrims, which he placed in a book of some 30 pages of the small size. To follow is the translation of this book.

**V. Rev. Fr. Boutros Touma Issa
Perth – Western Australia – Australia
2006/2007**

¹ Please refer to the book of ETHICS in Syriac, printed at St. Ephraim Monastery Printing Press in Holland, 1985 pp 60-64.

Commandments² and spiritual guidance to the visitors of the Holy Places in Jerusalem

The book is of 30 pages of the small size

The preface written by the thrice-blessed H.H. Moran Mor Ignatius Elias III

The contents are also extracted from a book by H.H. Moran Mor Ignatius Elias III

Jerusalem: 1927

Printed at Al'Ilan Printing Press – Jerusalem

Translated by Theodora Issa³

Ignatius Elias III with God's Mercy, Patriarch of the Apostolic See of Antioch

To our spiritual children, our clergy, our Syriac community, we give our apostolic blessing and peace in the Lord.

As the echo of the apostolic verse “Woe to me if I preach not” (1 Corinthians 9:16). And as we are at the Holy Place [Jerusalem] we thought of directing you towards your souls salvation. This would be beneficial as you intend to visit this holy city, the cradle of Christianity, and the source of Christian faith that is decorated with the valuable landmarks of Our Lord and Savior, that is perfumed by His divine and eternal teachings.

Yes, here every genuine Christian needs to re-live in his/her mind the events of the great life of Our Lord Jesus Christ. Therefore, totally losing their souls in these divine salvation memories, and diving in its seas; while contemplating with pure mind that is well away from the dust of the material world. Their heart full with the love to God the Almighty; and a soul that is eager and thirsty to drink from the stream of our beloved Jesus. Therefore, those faithful will only eat from the banquet of His living word, His sacred body and blood, His spirit that is floating with the love of the miraculous cross, which would place the faithful's souls in total relaxation and inebriation.

Clearly then, you need to lift up your rational sight to the heavens of these prestigious memories, and understand how to benefit and gain in your spiritual trade through your

² Etiquette

³ Theodora Issa obtained this book from the Archives of V. Rev. Fr. Boutros Touma Issa, and would like to thank V. Rev. Fr. Issa, Bathqyomo Marine Khoury-Issa and the whole Issa family for the ongoing support.

visit to God's own home. Therefore, you would return to your home countries, residences after removing the old person that became corrupt and disingenuous through the pride lusts; then, putting on the new person that has been blessed with the spirit and truth; therefore, abandoning the ghastly habits, and regretting the sins committed. Therefore, allowing yourselves to lead a pure life that is hallmarked by Our Lord Jesus Christ's bible, His divine teachings, that entails on you to decorate yourselves with virtues that will form the first pearls in your eternal crown in the heavenly kingdom.

It is your providence.. O... you the beloved children in God to listen to our humble shepherd voice; learn the spiritual commandments, and directives issued in this booklet, praying for God the Almighty to support you with His blessings that you would always be amongst those who would listen and act in line with the divine commandments, biblical guidance and parental advices. May the mercy be with you souls?

Jerusalem 5th April 1927

Some beneficial commandments and guidance for the faithful who intend to visit the holy places in Jerusalem, which became sacred through the steps of Our Lord and Savior Jesus Christ.

1. Whoever decides to visit the Holy Places [the pilgrim], this faithful's expenses should only be either from his own income or a lawful inheritance;
2. To reconcile with whoever angered or wronged him/her [the pilgrim]
3. To repent on his/her sins, regretting and confessing these sins, obtaining the Holy communion from his/her church prior to departure from his/her [the pilgrim] home country
4. To offer alms to the poor and the needy who might accompany him/her [the pilgrim] to the holy places
5. To exert every effort to be in Jerusalem on the famous seasons, thus [the pilgrim] would participate in the sacred celebrations, and recall the work of our savior.
6. Do not undertake any materialistic business during the period of the visit, thus [the pilgrim] would not lose the spiritual value
7. When he/she [the pilgrim] takes the decision to travel, to repeat, and on daily basis the following psalm, which reads

'As the hart pants after the water brook so pants my soul after thee, O LORD. My soul thirsts after thee, O living God; when shall I come to see thy face? My tears have been my bread day and night, while they continually say unto me, where is your God? When I remember these things, my soul is agitated; therefore, I will enter thy mighty citadel, even to the house of God, with the voice of joy and praise, with the many

people who rejoice. Why are you troubled, O my soul? And why are you bewildered? Trust in God; for I shall yet praise him, the Savior of my honor and my God. My soul is troubled within me; therefore will I remember thee from the land of Jordan, from the mount of Hermon and from the hill. Deep calls to deep at the sound of thy waterfalls: all thy waves and thy billows are gone over me. Yet the LORD will command his loving-kindness in the daytime, and in the night, his song shall be with me, and my prayer of the living God. I will say to God, Why hast thou forsaken me? Why go I mourning because of the oppression of my enemies? When my bones are broken, mine enemies reproach me; while they say daily unto me, Where is your God? Why are you disturbed, O my soul? And why are you bewildered? Hope in God; for I shall yet praise him, the Savior of my honor and my God.'

8. At the time of his/her [the pilgrim] departure from home country to recite psalms 122, which reads:

'Was glad when they said to me, Let us go to the house of the LORD. My feet shall stand within your gates, O Jerusalem. Jerusalem is built like a city that is surrounded by a wall, Whither the tribes go up, the tribes of the LORD, to the testimony of Israel, to give thanks to the name of the LORD. For there are thrones of judgment set, the thrones of the house of David. Greet Jerusalem with peace; they shall prosper who love you. Peace be within your walls and prosperity within your palaces. For my brethren

and companions' sakes, I will now say, Peace be within you. For the sake of the house of the LORD our God, I will seek your good.'

Thus, remembering the aim behind his/her travel.

9. To be aware of the deceitful talk, and be always kind with a humble soul.
10. The pilgrim has to visit the churches in the countries that will pass by on the way to Jerusalem, seeking the prayers and blessings of the priests, and the bishops, and asking them to pray for him/her. In addition, and if possible, donate to the church's fund, and to the needy fund; moreover, and whenever he/she visits a school would need to donate to this school; whereas through these good deeds the name of God the Almighty will be glorified.
11. On approaching Jerusalem, [the pilgrim] would need to pray the keenness prayer to see the home of God demonstrating the spiritual emotions, concluding this prayer with the reciting of Psalm 48, which reads:

'GREAT is our LORD, and exceedingly exalted in the city of our God and in his holy and glorious mountain. Beautiful for situation, the joy of the whole earth, is mount Zion on the slopes of the north, the city of the great King. God shows his might in her walled cities. For, lo, the kings were prepared, and they passed by together. They saw it, and so they marveled; they were frustrated and hastened away. Fear took hold of them, and pain, as of a woman in travail. With a violent storm, the ships of Tarshish shall be broken.'

12. At the time of entering Jerusalem, would recite with Prophet David the second part of psalm 48, which reads:

'As we have heard, so have we seen in the city of our God; God will establish it for ever. We have trusted upon thy loving-kindness, O God, in the midst of thy temple. As is thy name, O God, so is thy praise unto the ends of the earth; thy right hand is full of righteousness. Let mount Zion rejoice, let the daughters of Judah be glad because of thy judgments, O LORD. Circle Zion, and go round about her; count the towers thereof. Mark well her strength and the depth of her bulwarks that you may tell it to another generation. For this God is our God for ever and ever; he will be our guide until death.'

13. At the time of entering a church, [the pilgrim] would say: O God, here I am entering your home, knelt at your altar; do please forgive me, O Heavenly King all my sins towards You. Thereafter, would recite Psalm 84 verses 1 – 4 which read:

'HOW amiable are thy tabernacles, O LORD of hosts! My soul longs, yea, even faints for the courts of the LORD; my heart and my flesh give praise for the living God. Yea, even the sparrow has found a house, and the pigeon a nest for herself, where they have raised their young beside thine altars, O LORD of hosts, my King, and my God. Blessed are they that dwell in thy house; they shall praise thee forever.'

14. The [pilgrim] should go to Bethlehem; to the blessed cave, and would there remember Jesus wrapped with clothes in the manger. At this time pray fervently and passionately, asking Jesus for preparedness for Christmas; in the same tongue as St. Peter who teaches us in his first Epistle 'And become like

newborn babes, and long for the word as for pure and spiritual milk, that you may grow to salvation by it.’ Then would recite psalm 2 verse 7-12 that read:

*‘To declare my promise; the LORD has said to me,
You are my Son; this day have I begotten you. Ask of
me, and I shall give you the heathen for your
inheritance and the uttermost parts of the earth for
your dominion. You shall shepherd them with a rod
of iron; you shall break them in pieces like a potter’s
vessel. Be wise now, therefore, O kings; be
instructed, O judges of the earth. Serve the LORD
with reverence, and uphold him with trembling. Kiss
the Son, lest he be angry, and you perish from his way
while his wrath is kindled but a little. Blessed are all
they that put their trust in him.’*

And do not forget to visit our newly constructed church⁴ that was named after Our Lady Virgin Mary [Yuldath Aloho] the mother of God.

15. Then [the pilgrim] should go to River Jordan. There [the pilgrim] would remember the humbleness of Jesus in front of John, and the descending of the Holy Spirit in the shape of dove on the Son, while the Father was saying “This is my beloved son with whom I am pleased”. Therefore, you would become humble, and would keep your distance from pride and prejudice. At such a moment recite psalm 29 verses 1 – 2 that read:

*‘Bring unto the LORD the offspring of rams; bring unto the
LORD glory and honor. Give unto the LORD the glory due
unto his name; worship the LORD in the court of his holy
temple.’*

⁴ This is Our Lady Virgin Mary’s Syriac Orthodox Church that the thrice blessed placed the foundation stone in 1926 in Bethlehem.

16. [The pilgrim] needs to go to the corridors of Bethesda, and remember the paralytic, who was thrown there for thirty eight years, and with only one word from the LORD he rose from his bed, became a believer in the ability of Our Lord Jesus Christ undertake anything. Then, [the pilgrim] would recite the psalm 146 which reads:

'PRAISE the LORD, Praise the LORD, O my soul, while I live will I praise the LORD, I will sing praises to my God as long as I live. Put not your trust in princes, nor in the son of man, in whom there is no help. His breath goes forth, he returns to his earth; in that very day his thoughts perish. Happy is he who has the God of Jacob for his help, whose hope is in the LORD his God. Who made heaven and earth, the sea and all that therein is; who keeps truth forever; who executes justice for the oppressed; who gives food to the hungry. The LORD releases the prisoners; The LORD opens the eyes of the blind; the LORD raises those who are bowed down; the LORD loves the righteous; The LORD takes care of the poor; he feeds the fatherless and widows; but the way of the wicked, he turns upside down. The LORD shall reign for ever, even your God, O Zion, to all generations. Praise the LORD.' Halleluiah

17. [The pilgrim] then goes to Shiloha (Silwan), and recall the blind from his mother's womb, who acted in line with the Savior's instructions, went back home with his full sight. At this time [the pilgrim] would say "With your light we would see the light O Jesus Who is full of LIGHT, lighten us with your LIGHT, as You are the true LIGHT that lightens up the creation.

18. [The pilgrim] then visits Lazarus's tomb, and recall how Our Lord Jesus Christ called upon Lazarus and brought him from the tomb alive after being there for four days following his death in a miraculous way. At this time recite with David the Prophet Psalm 89: 5 – 8 that read:

'AND the heavens shall praise thy wonders, O LORD, thy faithfulness also in the congregation of the saints. For who in heaven can be compared to the LORD? Who among the angels can be likened to the LORD? God stands forth in the assembly of the saints, great and revered above all that are about him. O LORD God of hosts, who is mighty like thee? And thy faithfulness is round about thee.'

19. [The pilgrim] visits our Monastery in Jerusalem, which is the house of Mary (Mariam) the mother of John whose surname was Mark, which is mentioned in the book of ACTS 12:12. Where many brethren gathered there praying for the safety of St. Peter, who came to this same place as he was released from jail at the hands of Our Lord. At this time [the pilgrim] would recall that Jesus came to this same place, had the Passover with his disciples, and performed the last supper. Contemplate His fabulous sayings following the secret supper, and pray the following:

'O righteous shepherd who came seeking the lost sheep, and offered himself as a sacrifice for this sheep sake. I ask You to purify me from my sins, renew me with Your Holy Spirit. Your love Jesus owns our hearts, and Your blessings floods us. Please make us worthy to participate in Your Sacred Passover, the source of life, and the source of our spiritual growth.'

Following this prayer, [the pilgrim] would be blessed with the sighting of the valuable piece of art, and that is the portrait of Our Lady Virgin Mary that was painted by the

hands of St. Luke. At the time of standing in front of this great treasure, contemplate the degree of purity, and recite hail Mary towards the holly pure, requesting Her the supplication towards Her Only Son.

At that time, if [the pilgrim] remembers that the star, which appeared in the east, that guided the three, kings to worship Jesus contained an image similar to this one. At this wondrous moment [the pilgrim] needs to demonstrate compassion and thanksgiving to Who allowed you to visit the Holy Places. Further, and in the same manner as the three kings, present gifts to Jesus saying:

'O LORD accept this gifts from me your humble servant, in the same way as You accepted the gifts of the three kings who came to worship You. Bestow on me that happiness which the whole earth felt at the time of Your birth from the wholly sacred virgin. Fill me with hope and trust, keep me with Your angels. Guide me to remember Your directives, and help me to DECLARE Your glory.'

20. [The pilgrim] then visits the church of the Sepulchre Be blessed with the washing place, recalling Joseph and Nicodemos, at the time when they washed the body of Jesus, the source of purity and sacredness, praying and asking Jesus to purify you from all the smudges of the sin and recite with David the Profit Psalm 51 verses 1-3 that read:

'HAVE mercy upon me, O God, according to thy lovingkindness; according to the multitude of thy tender mercies blot out my sins. Wash me thoroughly from mine iniquity, and cleanse me from my sin; For I acknowledge my transgressions, and my sin is ever before me.'

21. [The pilgrim] then goes to the Golgotha "Calvary", contemplates the crucified for the sake of [the pilgrim] sins, remembering the words of the apostle of the nations "For the preaching of the cross to those who have gone astray is

foolishness; but to us who are saved it is the power of God.” (1 Corinians 1:8). Thereafter, kneel and say: “O Lord Jesus our Savior, who by his own will, went on the cross to attract all to him, to You I lift up my eyes, thus be a magnet for me to you. O You the LAMB of God, who carries the sins of the world, uplift the heavy burden of my sins, and make me legible to carry your light weight. O You, who through His cross uprooted the enemies’ fence and established peace, thus destroying the head of evil. With Your cross O Lord safe keep me from evil and all his armor, and make me worthy to win your peace. I ask this for me and on behalf of Your servants who are asking your supplications, through your chosen pains that you suffered for our sake.

22. [The pilgrim] then goes to the dome of the church of Sepulchre, and be blessed by the tombs of Joseph and Nicodemos recalling their brilliant service that they rendered on behalf of the human kind. [The pilgrim] would exert every effort to imitate these two in their service of Jesus, thus demonstrating [the pilgrim] love to Jesus, even in the worst of circumstances. At such a time pray as they would have done saying: “O You who was crucified for our sake, have mercy upon us” .

23. [The pilgrim] then would head to the sacred tomb where the first LIGHT of resurrection appeared. [The pilgrim], and with a pure heart, would pour up passion in this sacred place contemplating the LIVING GOD WHO NEVER DIES, who wore the body, died, and was buried for your sake. He rose, thus bringing you with Him glorified from the dead. [The pilgrim] would here ask Jesus to eradicate and eliminate within him/her the lusts that is always against the soul. In addition, [The pilgrim] needs to pray this short prayer:

‘O LORD, Our God Jesus Christ, O You whose mercy brought Him to die for our sake, thus giving us life, please do eliminate within me all the bad thoughts, and create within me the spiritual life that would flourish with You. O Lord, lighten me with Your resurrection light, and comfort me with Your resurrection glory. O LORD, uplift our

church's affairs. O LORD, guide the lost of your flock. O LORD elevate our churches. O LORD, decorate our monasteries, and forgive us, our forefathers, thus we glorify You forever.'

24. [The pilgrim] visits the cross cave, and would recall the joy that filled Queen Helena at the time she discovered that same cave, which was unknown for a period of more than three hundred years. [The pilgrim], here would accompany King Constantine the righteous, bow his/her head worshipping, glorifying the Son of God, who made His cross a safe and secure fortress, saying:

'O LORD God, make us worthy to worship Your cross that brings life, and carry this cross on our shoulders in line with your order, thus we can be saved from evil. And, we would live a righteous life, waiting your second coming, which will bring joy to every one who takes pride in the cross, glorifying you for ever.'

25. Morning, on Palm Sunday rush to attend the celebration held by our clergy around the sacred tomb recalling the humbleness of the Son of God when He rode the colt and entered Jerusalem. As if you are listening to the voices of those hymns coming out from the children and the babes. At which time [The pilgrim] needs to remember the sayings of the prophets, and repeat with the children:

'Hosanna! Blessed is he who comes in the name of the LORD and glory to You O merciful God. We ask you to bestow on your church your marvelous gifts, and brighten her children with your great blessings, keeping them away from what would bring harm to their bodies and souls. Therefore, full of joy would fulfill the celebrations of Your feasts carrying the leaves in glorifying You.'

26. In the afternoon [The pilgrim] should attend the prayers that are held at our monastery (St. Mark Monastery), where our clergy would celebrate the prayers of LIGHT. This prayer symbolizes the breathtaking second coming of the Son of God. [The pilgrim] needs to be alert with his/her thoughts, listening with great respect and reverence to the prayers. Following the reading of the Holy Bible, [The pilgrim] needs to pray saying:

'O Jesus Our God, who incarnated from the Sacred Virgin Mary that is full of grace, Who honored virginity. Who, symbolized those invited to His kingdom as ten virgins. He nicknamed the working virgins as the WISE VIRGINS, and those who are not working, IGNORANT VIRGINS. With allowing the wise virgins entry to the heavenly kingdom, He wanted to point out his pleasure with those who always work seeking His acceptance, and his displeasure with those ignorant who do not work.

We pray and seek that you forgive us our sins, enlighten our souls with the light of your Holy Bible, help us to live in line with your will, seeking your acceptance, thus welcoming you with our lit lamps in your second coming with the wise virgins. Therefore, we would enter to your heavenly place together with our forefathers, and there would glorify you and thank you for ever.'

27. Thursday of that week at 3:00 p.m., in our Monastery, the House of Mary the mother of Mark our church celebrates the washing of the feet. [The pilgrim] needs to attend this celebration to recall the time when Jesus wrapping his waist with cloth, like a slave, washing the feet of His disciples. At such a moment [The pilgrim] would pray saying:

'O LORD Jesus Christ, make us worthy to contemplate with our conscious eyes your wondrous humbleness for our sake. Help us to stay away from pride and other evil deeds, and would wear humbleness and love that you demonstrated to us. Therefore, washing our sins smudges, and make us happy with your resurrection, Amen.'

28. In the afternoon of Great Friday [The pilgrim] would accompany his/her brethren to the church of Sepulchre, to attend the events of the worshipping, the burial that are celebrated at the Calvary, the washing place and the sacred tomb. Here [The pilgrim] would contemplate the sayings of the prophets, the scholars saying to the thief on the right:

'Remember me O God when You come to your kingdom, and remember my parents, my forefathers and all the faithful dead, please remember them with your mercy, or you merciful.'

29. On Saturday of the LIGHT, and at the time when you visit the church of Sepulchre to witness the LIGHT, [The pilgrim] would pray for Jesus to enlighten the eyes of his/her heart, thus would become aware of the secrets to be able to walk in the LIGHT. [The pilgrim] would be recalling His truthful saying to his disciples "AFTER THREE DAYS HE WILL RISE". [The pilgrim] would be preparing with the virtuous women to rush to the sacred tomb to hear the brilliant news from the angels who appeared wearing white surrounding the tomb.

30. At night, [The pilgrim] needs to go to the church of Sepulchre to witness the party that would remind him/her of the resurrection of the savior and to listen to the angels calling "HE HAS RISEN FROM DEAD AS HE SAID". Glorify God and recite with David the prophet Psalm 118:24 that reads:

'This is the day which the LORD has made; we will rejoice and be glad in it'

And [The pilgrim] demonstrating belief that there was no day before this day, and there will be no day after this day that would look like it. The dead are pleased, the angels are ecstatic, and [The pilgrim] would pray to the savior saying:

'LORD Jesus who through His resurrection pleased heaven and earth, do please me with the light of your resurrection, and multiply the pleasure to your church. Also, guide the lost of her children, and support those who manage her affairs. Lastly keep her children and have mercy upon us.'

31. [The pilgrim] would go to our Monastery (St. Mark's) where he/she would submit their supplications to Jesus to make them worthy to hear Him talking to his disciples in the upper attic saying: "...Peace be with you" (John 20:19). Then [the pilgrim] needs to pray the following:

'O LORD, in your church, validate your peace and serenity, keeping her away from any divisions, or painful incidents, thus we would be authenticated in your love.'" In addition, [The pilgrim] would recite psalm 89, which reads: "I WILL sing of the mercies of the LORD for ever; with my mouth will I make known thy faithfulness to all generations. For I have said, The world shall be built up with mercy; thy faithfulness shalt thou establish in the very heavens. I have made a covenant with my chosen, I have sworn to David my servant, Thy offspring will I establish forever, and build up thy throne to all generations. And the heavens shall praise thy wonders, O LORD, thy faithfulness

also in the congregation of the saints. For who in heaven can be compared to the LORD? Who among the angels can be likened to the LORD? God stands forth in the assembly of the saints, great and revered above all that are about him. O LORD God of hosts, who is mighty like thee> and thy faithfulness is round about thee. Thou rulest the splendor of the sea; thou stillest the waves thereof. Thou has humbled the proud as those that are slain; thou hast scattered thine enemies with thy strong arm. The heavens are thine, the earth also is thine; as for the world and the fullness thereof, thou hast founded them. The north and the south, thou hast created them; Tabor and Hermon glorify thy name. Thine is the arm, and thine is the might; thy hand is strong and thy right hand shall be exalted. Thy throne is built on righteousness and judgment; mercy and truth go before thy face. Blessed is the people that understand thy glory; they shall walk, O LORD in the light of thy countenance. In thy name shall they rejoice all the day; and in thy righteousness shall they be exalted. For thou art the glory of our strength; and in thy favor our horn shall be exalted. For the LORD is our hope; and the Holy One of Israel is our King. Then he spoke in visions to his righteous one, and he said, I have given help to amn; I have exalted one chosen out of the people. I have found David my serant; with my holy oil have I anointed him. My hand has helped him; mine arm also has strengthened him. The enemy shall not prevail upon him, nor the sons of the wicked afflict him. And I will destroy his foes before his face, and plague them that hate him. But my faithfulness and my mercy shall be with him; and in my name shall his horn be exalted. I will set his hand also in the sea and his

right hand in the rivers. He shall cry to me, Thou art my father, my God, and my mighty Savior. Also I will make him my firstborn and will exalt him over the kings of the earth. My mercy will I keep for him for evermore, and my covenant shall stand fast with him. His offspring also will I make to endure for ever, and his throne as the days of heaven. If his children forsake my law and walk not in my judgments; If they break my statutes and keep not my commandments; Then will I visit their transgression with the rod, and their iniquity with the stripes. Nevertheless my lovingkindness will I not utterly take from him, nor suffer my faithfulness to fail. Neither will I reject my covenant, nor alter the thing that is gone out of my lips. Once have I sworn by my holiness to David and I will not lie. His offspring shall endure for ever, and his throne as the sun before me. It shall be established for ever as the moon, and as a faithful witness in heaven. But thou hast forsaken us and despised us, thou hast made thine anointed one to turn his face. Thou hast rejected the covenant of thy servant; thou hast cast his crown to the ground. Thou hast broken down all his hedges; thou hast brought his strongholds to ruin. All that pass by have trampled upon him; he has become a reproach to his neighbors. Thou hast set up the right hand to his adversaries; thou hast made all his enemies to rejoice. Thou hast turned the edge of his sword, and hast not sustained him in the battle. Thou hast made his glory to cease, and cast his throne down to the ground. The days of his youth hast thou shortened; thou hast covered him with shame. How long, LORD, wilt thou be angry? Forever? Shall thy wrath burn like fire? Remember me from the time I was created; for thou hast not created

all men in vain. Who is the man who lives and shall not see death? Shall he deliver his soul from the hand of Sheol? LORD, where are thy former lovingkindnesses, which thou didst swear to David in thy truth? Remember, LORD, the reproach of thy servants; for I have borne throughout my life the mockery of the Gentiles; Wherewith thine enemies have reproached me, O LORD; wherewith they have reproached the footsteps of thine anointed. Blessed be the LORD forever. Amen and Amen.” Then, [The pilgrim] needs to repeat this prayer: “We thank you LORD GOD that you allowed us to see your resurrection in your sacred city. Do keep us O LORD under the wings of your cross, and guide us to keep the commandments and directives included in your Bible, be in a position to fulfill your will And have mercy on your people, cure the sick, be kind to the sad and poor, and be compassionate with the orphans and widows. Further, allow Your peace to always fill your home, your people, and all the living continents, thus we can glorify your name for ever and ever.’

32. [The pilgrim] then needs to go to Our Lady’s Church at Gathsemane (Sitti Mariam). Visit Our Lady’s honourable tomb that deserves all respect and reverence. There [The pilgrim] would contemplate the brilliant miracle that took place on the day of her departure from the earthly life, demonstrating the belief that Her Son Jesus transcended her (body and soul) to the heavenly paradise, offer her beatitude, and request her supplication, singing with the great scholar saying:

‘Here Mariam (Our Lady Virgin Mary) stands at the doors of the upper haven, holding the cross in her hands saying to her Son. For the sake of the wood that carried You in Jerusalem, for the sake of the nails that nailed Your hands

*and legs; eradicate anger, catastrophes from your church
and her children, and bestow on them your mercy.'*

33. [The pilgrim] then goes to the MOUNT OF OLIVE, where he/she would recall the time when Jesus was there prior to his ascension, and placed his hands on the disciples blessing them at this moment [The pilgrim] needs to pray as follows:

'O LORD JESUS CHRIST, may your blessings be amongst us, amongst our church, and your peace be amongst us and your people. O LORD JESUS CHRIST, please allow your love to live within our hearts thus we shall live awaiting your second coming with great glory with the sacred angels. At which time we shall here your joyful voice saying: Come to me O you blessed by my Father, and inherit the kingdom that has been prepared for you prior to the establishment of the world. Therefore, we will glorify you with your father and your Holy Spirit forever and ever, Amen.'

Thus, dear faithful: adhering to this protocol, [The pilgrim] needs to visit other sacred places that Our Lord Jesus Christ, with his blessed disciples walked through. And, imagine yourself, in spirit as if you are amongst them, making yourself a partner in all the events that took place.

Further, in the cave, next to the offerings, in the same manner as the three kings did, be a missionary spreading the good news of the birth of Our Lord as the shepherds did and glorified his names with the angels.

On the alter, carry him on your arms in the same manner as Simon did, kiss him, smelling that refreshing smell, and become astonished with all the teachings that you listen to from the scholars.

In JORDAN, become a partner to the person who baptized him, participate with him in his fasting, and be in Cana of Galilee, with those who filled the jars with water.

On the well, listen to the woman from Samaria's story, and learn how you should kneel and worship the father, and the spirit of truth.

At Lazarus tomb, understand that it is resurrection and life, then have a bite with the group of people from the bread that was blessed by him, then wash his feet with tears in the same way as that sinful woman did.

When the time comes for him to wash the feet of his disciples, you wash yourself from your sins and with the children and babes loudly say: Hosanna to the son of David. At dinnertime, take his shoulder as your rest place, and accept his sacred body from his own hands.

Suffer with him, drink the myrrh, thus, you would feel happiness with him in his banquet. Die with him, thus you will beaised on the Day of Judgment. Further, allow your soul to tour the tomb, in the same manner as his mother Our Lady Virgin Mary and Mary of Magdalene did, also get in the room through the locked doors, and become a partner with Peter and all those with him.

On the mount of Ascension bow your head, thus his hands would reach you, and stand at the attic thus you would receive the Holy Spirit. Truly, his glory will be upon you, and you will become legible to enjoy his brilliant sight, and your soul would be burned with his love.

At the end go back to your home, with peace and pleasure, glorifying God the Almighty throughout your life, as He allowed you to visit his great blessed home, and you were able to see the sacred city, which was given great description.

Finally, do not ever forget to remember these events, the events of seeing these great sacred places throughout your life. You would imagine these salvation places, thus you will continue to love its beauty with the fear of God that will allow you, and following your death to enter the HEAVENLY JERUSALEM, where the saints, through the glory of LORD forever and ever AMEN.